









DISHES AND THEIR ALLERGEN CONTENT - ASSUMPTION GRAMMAR SCHOOL

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--------------------------|---|---|--|---|---|---|---|---|---|---|---|---|---|---|
| | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| PIZZA | | ✓ | | | | | ✓ | | | | | | | |
| CHICKEN GOJOURS | | ✓ | | | | | | | | | | | | |
| SAUSAGE ROLLS | | ✓ | | | | | | | | | | | | ✓ |
| JAMBON | | ✓ | | ✓ | | | ✓ | | ✓ | | | | | |
| HAM & CHEESE PANINI | | ✓ | | | | | ✓ | | | | | | | |
| PORK SAUSAGE | | ✓ | | | | | | | | | | | | ✓ |
| KERRYMAID BUTTER /CHEESE | | | | | | | ✓ | | | | | | | |
| ROCKY ROAD | | ✓ | | | | | ✓ | | | | | | ✓ | |
| ICED DOUGHNUT | | ✓ | | | | | ✓ | | | | | | ✓ | |
| CHOCOLATE MUFFIN | | ✓ | | ✓ | | | ✓ | | | | | | | |














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| CHICKEN CURRY | | ✓ | | | | | | | ✓ | | | | | |
| COTTAGE PIE | | ✓ | | | | | ✓ | | | | | | ✓ | |
| CHICKEN KORMA | | | | | | | ✓ | | | | | | | |
| PASTA BOLOGNESE | | ✓ | | | | | ✓ | | | | | | | |
| VEGETABLE PASTA | | ✓ | | | | | | | | | | | | ✓ |
| STUFFED CHICKEN IN BACON | ✓ | ✓ | | | | | ✓ | | | | | | ✓ | |
| LASAGNE | | ✓ | | | | | ✓ | | | | | | | |
| STIRFRY NOODLES | | ✓ | | ✓ | | | | | | | | | | ✓ |
| BEEF STEW | | | | | | | | | | | | | ✓ | |
| SAVOURY RICE | ✓ | | | | | | | | | | | | ✓ | |


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| CHICKEN BROCCOLI PASTA BAKE | ✓ | ✓ | | | | | ✓ | | | | | | ✓ | |
| CHILLI VEGETABLE STIR FRY | | | | | | | | | | | | | | ✓ |
| VEGETERIAN LASAGNE | | ✓ | | ✓ | | | | | | | | | ✓ | |
| CHICKEN KEBAB | | | | | | | | | | | | | ✓ | |
| GARLIC BREAD | | ✓ | | | | | ✓ | | | | | | | |
| CARAMEL SQUARE | | ✓ | | | | | ✓ | | | | | | ✓ | ✓ |
| RICE KRISPIES SQUARE | | ✓ | | ✓ | | | ✓ | | | | | | ✓ | |
| CHOCOLATE HONEY-COMB TRAYBAKE | | ✓ | | | | | ✓ | | | | | | ✓ | |
| TIFFEN SQUARE | | ✓ | | | | | ✓ | | | | | | ✓ | |
| BLUEBERRY MUFFIN | | ✓ | | ✓ | | | ✓ | | | | | | | |















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| RICH SAUCES BEEF BOUILLION | | | | | | | | | | | | | ✓ | |
| RICH SAUCES CHICKEN BOUILLION | ✓ | | | | | | | | | | | | ✓ | |
| MAYFLOWER CURRY SAUCE | | ✓ | | | | | | | ✓ | | | | | |
| BISTO BEEF GRANULES | | ✓ | | | | | | | | | | | ✓ | |
| UNCLE BENS KORMA | | | | | | | ✓ | | | | | | | |
| DOLMIO BOLOGNESS | | | | | | | | | | | | | | |
| DOLMIO TOMATO & BASIL | | | | | | | | | | | | | | ✓ |
| KERRYMAID BUTTER | | | | | | | ✓ | | | | | | | |
| KERRYMAID CHEESE | | | | | | | ✓ | | | | | | | |
| CROWN BUTTER | | | | | | | ✓ | | | | | | | |

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| AROMATIC GARDEN BURGER | | ✓ | | ✓ | | | | | | | | | | |
| ROULE PIZZA | | ✓ | | ✓ | | | ✓ | | | | | | | |
| GLOBAL FARMS GOUGONS | | ✓ | | | | | | | | | | | | |
| BELGIAN CARAMEL SQUARE | | ✓ | | | | | ✓ | | | | | | ✓ | ✓ |
| SALTED/CHOCOLATE BROWNIE | | ✓ | | ✓ | | | ✓ | | | | | | ✓ | |
| HONEYCOMB SQUARE | | ✓ | | | | | ✓ | | | | | | ✓ | |
| MARS BAR SQUARE | | ✓ | | | | | ✓ | | | | | | ✓ | |
| CORNFLAKE TRAY BAKE | | ✓ | | ✓ | | | ✓ | | | | | | ✓ | |
| MINT CHOCOLATE TRAY BAKE | | ✓ | | | | | ✓ | | | | | | ✓ | ✓ |
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| MASHED POTATOES | | | | | | | ✓ | | | | | | | |
| PASTA | | ✓ | | | | | | | | | | | | |
| RICE | | | | | | | | | | | | | | |
| ONION STUFFING | ✓ | ✓ | | | | | ✓ | | | | | | ✓ | |
| NOODLES | | ✓ | | ✓ | | | | | | | | | | |
| MACS BATTERED PASTIE | | ✓ | | | | | ✓ | | | | | | | ✓ |
| BAGUETTE | | ✓ | | | | | | | | | | | | |
| MINI MEATBALLS | | ✓ | | ✓ | | | | | | | | | | |
| RANGE BEEF BURGERS | | ✓ | | | | | | | | | | | ✓ | |
| VEGETARIAN SAUSAGES | | | | | | | | | | | | | ✓ | |