

## eSafety Week Monday 6<sup>th</sup> – Friday 10<sup>th</sup> February

**For advice and resources, please visit:**

**<https://www.thinkuknow.co.uk/parents/>**

### **“E Safety 10 Top Tips” for Parents**

- 1 Using internet **filtering software**, walled gardens and child-friendly search engines. Use your browser's controls as some offer differing degrees of security for each family member.
- 2 Check out what **child protection services** your Internet Service Provider (ISP) offers - do they filter for spam, for instance? If not, ask them why.
- 3 Keep the computer in a **communal area of the house**, where it's easier to monitor what your children are viewing.
- 4 Tell children not to give out their personal details. If they want to subscribe to any services online, **make up a family email address** to receive the mail.
- 5 Children love to chat, but make sure **they only use moderated chat rooms** and encourage them to introduce you to their online friends.
- 6 Encourage your **children to tell you if they feel uncomfortable**, upset or threatened by anything they see online.

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- 7 Involve your children in writing your **own family code of acceptable internet use**. Remember that what's acceptable for a teenager isn't necessarily OK for a primary school-aged child, so get their input.
- 8 Computer kit is **expensive** so bear in mind that a child with a laptop may be vulnerable when carrying it to and from school.
- 9 The web's a great resource for homework, but remember to **use more than one site in research** to get broad, balanced information and always reference your research sources.
- 10 **Surf together**. Go online with your children and become part of their online life. The key to safe surfing is communication.